



NEHALEM BAY
HEALTH CENTER & PHARMACY
COMPASSIONATE COMMUNITY CARE

230 Rowe Street | PO Box 176 | Wheeler, OR 97147 | 1-800-368-5182 | nehalemhealth.org

November 2023

Dear Friends:

On behalf of Nehalem Bay Health Center & Pharmacy (formerly known as Rinehart Clinic), we are pleased to share with you our 2022-2023 Report to the Community that highlights many of our accomplishments from the past year. We have a solid staff team that cares deeply about our patients and our community, and their compassion is evident in the pages of the enclosed report. We continue to be thankful for their dedication and commitment to keeping our patients' needs front and center.

Nehalem Bay Health Center is a 501(c)(3) nonprofit Community Health Center whose mission is delivering compassionate team-based health care and wellness education to improve the lives of ALL in our community. We offer services on a sliding fee scale based on household income, and as a federally-qualified health center, we have programs available to help patients who may have difficulty paying their health care bills.

In May 2023, Nehalem Bay Health District voters approved a Local Health Care bond measure that will mean a new updated facility for Nehalem Bay Health Center & Pharmacy to be built on property in Wheeler, Oregon owned by the health district. The health district owns the facility that houses our current operations, and this relationship will continue once we are in the updated facility. Because of our long-standing partnership, the Nehalem Bay Health District Board of Directors has involved our team in the bond measure discussions and the subsequent planning discussions related to the new facility.

We are grateful for the community's support in approving the bond measure and our team remains strongly committed to continuing to provide quality health care services to our community. We look forward to expanding the services we offer, to include specialty services in a state-of-the-art facility. The health district bond will pay for construction, and it will be up to us to equip, furnish, and plan for upgraded services at the new facility.

As we move forward towards this new era of care, the community's support will be essential. We are thankful for the past support we have received, and hope that we can count on the community's continued generosity to help Nehalem Bay Health Center & Pharmacy continue our vision of a community in which all people achieve their full potential for health and well-being across their life span.

Sincerely,

The Nehalem Bay Health Center Board of Directors

Jerry Spegman, President

Patricia Johnson, Vice President

Keri Scott, Secretary

David Boone, Treasurer

Paul Erlebach

Scott Galvin

Brad Hart

Yvana Iovino

Paul Jerrell

Kelly Seaton



Mission:

Delivering compassionate team-based health care and wellness education to improve the lives of ALL in our community.

Vision:

A community in which all people achieve their full potential for health and well-being across their life span.

Nehalem Bay Health Center is a 501(c)(3) Nonprofit Federally Qualified Health Center.

2022/2023 Report to the Community

Nehalem Bay Health Center & Pharmacy
(formerly known as Rinehart Clinic)



NEHALEM BAY
HEALTH CENTER & PHARMACY
COMPASSIONATE COMMUNITY CARE

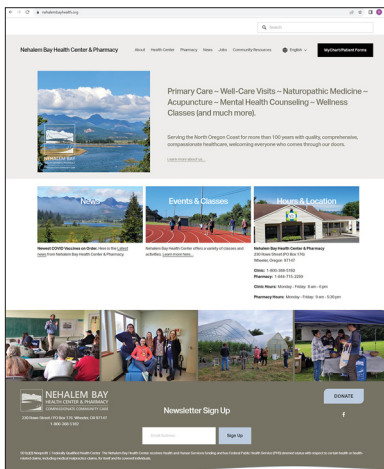
230 Rowe Street | Wheeler, OR 97147
1-800-368-5182 | nehalembayhealth.org

2023 Highlights & Accomplishments

The Nehalem Bay Health Center & Pharmacy team has had a busy year caring for our patients and working to move many important projects forward. Here is a brief recap of some of the highlights from 2023:

Organization Updates

Name Change – Our name change took effect in January 2023 when Rinehart Clinic officially became Nehalem Bay Health Center & Pharmacy. The Board of Directors had made the decision in fall of 2021 to change the name. Over the course of the next year+, staff worked to update all accounts, forms, and agreements with partners and funding agencies.



A new Nehalem Bay Health Center & Pharmacy website was launched in 2023, one of the final projects associated with the name change.

New Facility Update – In May 2023, the Nehalem Bay Health District placed a measure on the ballot to help fund a variety of healthcare-related projects, including building a new, expanded facility for Nehalem Bay Health Center. The measure was supported by a

large margin and plans are moving forward, with input from the Nehalem Bay Health Center staff team. For more information on the project, visit the health district's website at nehalembyhd.org.

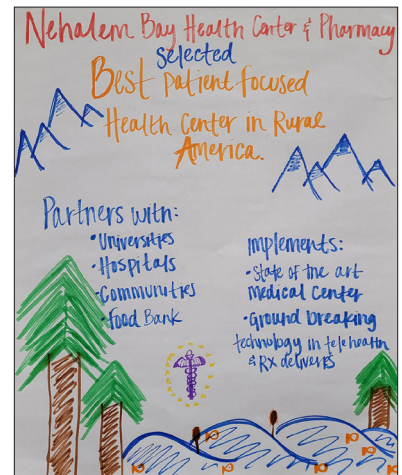
Successful HRSA Funding Application

– In late 2022, the CEO, in collaboration with administrative staff, submitted a "Service Area Competition" application to the U.S. Health Resources & Services Administration, our primary funding agency. We were notified in March 2023 that the application was successful, ensuring our continued federal funding. As a federally-qualified health center, we need to submit this renewal application every three years. We have consistently met all the necessary requirements for quality patient care and our applications have always been successful.

Strategic Plan Adopted – In April 2023 the Nehalem Bay Health Center Board of Directors adopted an updated short-term Strategic Plan for 2023–2025. The board and a staff team held a facilitated workshop to develop the plan together.

FTCA Renewal – Nehalem Bay Health Center's annual application for renewed coverage through the Health Center Federal Tort Claims Act (FTCA) program was approved. The FTCA program is offered through the U.S. Health Resources & Services Administration (HRSA), and provides medical malpractice coverage at no cost for health centers that meet stringent federal guidelines.

Oregon Network of Community Health Centers Membership – In 2023, Nehalem Bay Health Center joined a network of other Federally Qualified Health Centers (FQHCs) in Oregon as part of the Oregon Network



During the Strategic Planning session, participants were asked to develop aspirational "cover stories" that could set the stage for future possibilities at Nehalem Bay Health Center. Here is one of the stories.

of Community Health Centers. The network develops and shares best-practices among its members with a focus on health outcomes, health care quality, health equity, and cost of care.

Operational Updates

Mental Health Team On-Site – For the first time since the COVID-19 pandemic began, the entire mental health/behavioral health counseling team is back in person at Nehalem Bay Health Center. Telehealth (video) appointments are still available, so patients have a choice of in-person or virtual appointments.

NKN Student Health & Wellness Center – 2023 marks the third year of operations for Neah-Kah-Nie Student Health & Wellness Center, the school-based health center we operate at NKN High School in Rockaway, Oregon. The student health center

2023 Highlights & Accomplishments

offers medical care and mental health counseling and is open to all students within the NKN School District, along with NKN staff.

Every year the patient base has increased and the staff team at the student health center works closely with the NKN School District team to coordinate care. The team also works to engage students through participation in many NKN school events, such as back-to-school nights/student orientations, and a student-led health fair. They have also organized holiday "self-care" activities and make sure that continuity of counseling sessions is available to students over the summer when school is not in session.

CHW Integration Learning Collaborative

– For the past year, a staff team has been participating in an ongoing Community Health Worker Integration Learning Collaborative organized by Columbia Pacific Coordinated Care Organization and the Oregon Primary Care Association. The collaborative involves partner



Neah-Kah-Nie Student Health & Wellness Center marked its third year in service during 2023. Here are some of the friendly faces people will see at the school-based health center located at NKN High School.

agencies from across the state and focuses on the important role of Community Health Workers (CHW)

in clinical settings to help improve whole person care and promote health equity in communities that have been historically under-served.

The outcome of this collaborative will help set the stage for integrating additional CHWs onto the Nehalem Bay Health Center team.

Patient Transport Van – 2023 was the second full year of operation for our patient transport van, which helps patients who have transportation challenges get to their medical appointments at our health center or pharmacy. Over the past 12 months, we have provided over 350 rides for patients, a significant increase over the previous year.



We know that sometimes transportation challenges can prevent patients from getting to appointments. We were fortunate to receive grant funding during the pandemic that allowed us to purchase an accessible transport van that helps get patients to their appointments at Nehalem Bay Health Center.

Continued COVID-19 Efforts – The care team at Nehalem Bay Health Center is grateful for the decline of COVID-19, but knowing it is likely

2023 Highlights & Accomplishments

to remain with us at varying levels, we continue to keep up-to-date on treatment protocols. As new booster vaccines become available, we offer them to the community as quickly as possible. We also continue to provide free at-home test kits and N95 masks to anyone who needs them.

Staffing & Workforce Development Updates

Providing Equity Training for Staff

– In February, the Nehalem Bay Health Center Equity Committee organized a half-day training for the entire staff to strengthen our commitment to diversity, equity, and inclusion in the workplace, with a special focus on the importance of psychological safety for all staff.

Welcoming New Team Members –

We have welcomed several new team

members over the last year, including an RN Care Coordinator, Clinical Pharmacist, Pharmacist in Charge, Wellness Navigator, Licensed Clinical Social Worker, a Clinical Social Worker Associate, Medical Assistants, and more.

Focusing on Staff Well-Being and Retention – Over the course of the last year, a staff-led Wellness & Benefits Committee has focused on implementing new wellness programs to help promote staff wellness and satisfaction. Staff wellness initiatives include subsidized memberships to North County Recreation District (NCRD), a Wellness Challenge, team-building events, and volunteer opportunities in the community, such as the ODOT Adopt-a-Highway program.

In addition, Nehalem Bay Health Center & Pharmacy has launched a

Workforce Development Committee to implement our Workforce Development Plan, which is developing opportunities for career growth and advancement, apprenticeships and job shadows for local youth, advanced on-the-job training, and mission-focused recruitment and retention.

Community Wellness

Nehalem Bay Health Center continues to make community wellness a priority. We offer a variety of classes and activities that are open to the entire community, and we pride ourselves on helping people on their wellness journey. Here are a few of the highlights:

Wellness Partnerships – We have long-standing partnerships with North County Recreation District and Moon River Farm to provide fitness opportunities and healthy farm-fresh produce to our patients and class participants. We are also part of the Tillamook County Wellness collaborative, along with other health and wellness agencies from across Tillamook County.

Community Wellness Classes – Each year, we hold a variety of classes that are free and open to the community.

The offerings include an Art of Eating class that pairs farm-fresh vegetables with an engaging discussion on healthy eating, and an Intro to Fasting workshop that helps people understand the benefits of fasting.

During 2023, we also partnered with North County Recreation District to offer grant-funded classes at no charge for our patients, including a Zumba class taught entirely in Spanish.



Here is part of the Nehalem Bay Health Center Team on "Health Cares About Domestic Violence Day," part of Domestic Violence Awareness Month in October. The team knows the impact that domestic violence can have on a person's health and the whole team wore purple (or purple ribbons) to show support for survivors of domestic violence.

2023 Highlights & Accomplishments

We have also made interpreter services available as part of our classes in order to try to welcome a broader portion of the community into our wellness activities.

Prescriptions for Physical Activity

– Our partnership with North County Recreation District (NCRD) also allows us to offer “prescriptions” for physical activity that pairs patients with a free fitness or aquatics pass to NCRD.

Our Community Wellness programs are made possible through the generosity of a Community Wellness Investment Fund grant from Columbia Pacific Coordinated Care Organization.

Weekly Walking Group – For the past several years, we have organized a walking group in association with Tillamook County Wellness. Each week from spring to fall, we encourage the community to join us at a different North Tillamook County location.

Outreach Efforts

Our Outreach Team consists of two certified Community Health Workers (CHW) whose role is to help people navigate the “healthcare system.”

Because we know that a variety of life situations can impact a person’s health, our CHW team works to help connect people to needed resources and services, including health insurance enrollment, food resources, transportation, and more. Here are some examples of our outreach activities over the past year:



From April through October, the Wellness Team from Nehalem Bay Health Center organized a weekly walking group. Patients and other community members participated throughout the summer and explored a different North Tillamook County location each week.

Resource Fair/Movie Night – Our team partnered with the City of Tillamook to offer a county-wide bilingual resource fair for the entire community. Many local and state

organizations participated in this well-attended event. Families visited the resource fair booths to learn about the services available in Tillamook County and then were treated to a movie and other family-friendly activities.



One of our most well-attended outreach events during 2023 was the bilingual resource fair/movie night we held in collaboration with the City of Tillamook. Many families attended the event to learn about resources available in Tillamook County and enjoyed a free movie in the park.

Mobile Consulate Event/Bilingual Resource Fair

– For the third consecutive year, our Outreach Team partnered with the Consulate of Mexico in Portland to hold a mobile Consulate event in Tillamook. The event provided Consulate services to about 150 community members, who were able to renew passports, IDs, and other important records. We organized a resource fair in conjunction with the event, and over 20 state and local organizations attended,

2023 Highlights & Accomplishments

providing information on resources available to the local Latinx community.

Health Insurance Enrollment Events & Services – Our Community Health Workers are both certified insurance “assistants” and one of their most important roles is helping people sign up for the Oregon Health Plan (OHP) or other plans through the Oregon Health Insurance Marketplace. There is no charge for these services, and they are available to everyone in the community, not just patients. Each year during “open enrollment” season, our team holds a community event for people who need help signing up for insurance. They are also available for individual appointments year-round to offer help with OHP.

They have also formed a partnership with Tillamook Bay Community College (TBCC) arranging monthly “office hours” at the college for our Outreach Team to provide insurance sign-up assistance and resource connections for students who need it.

Food for All Oregonians Campaign – Nehalem Bay Health Center signed on to support the Food for All Oregonians Campaign – legislation that would have increased food assistance to all Oregonians, regardless of where they were born.

Our CHW team participated with our partners from the Oregon Food Bank to participate in Advocacy Day at the state capitol in Salem to encourage support for the bill. The bill did not move forward during the last legislative session, but coalition partners continue to work together with a goal of

ensuring all Oregonians have access to the food resources they need.

Overdose Awareness Day – Members of our Behavioral Health and Outreach Teams participated in the annual Overdose Awareness Day organized by Tillamook County Community Health Centers. They joined several other organizations sharing information on resources available in Tillamook County.

Columbia Pacific CCO Regional Health Assessment Survey – Nehalem Bay Health Center’s Outreach Team worked to gather feedback from Oregon Health Plan members that will help guide the CCO’s Regional Health Improvement Plan. They helped connect the CCO to important voices across the community, who could (and did) provide authentic insights into the region’s healthcare needs. The real-life stories collected as part of this survey

reflect the impact of OHP, and also help prioritize the improvements that may be needed.

The Columbia Pacific Coordinated Care Organization (CCO) is the Oregon Health Plan (Medicaid) administrator for this region.

Healthier Oregon Evaluation – Our Outreach Team served on the evaluation committee to help the Oregon Health Authority determine the effectiveness of its Healthier Oregon program. This involved member surveys and direct discussions with participants that helped offer guidance on community needs related to the program.

Other Outreach Events – The team also attended a variety of community events like the annual Homeless Connect, new student orientations at Tillamook Bay Community College, and several area resource fairs, including the DEA Drug Takeback Event/Resource Fair organized by Tillamook County and Consejo Hispano’s Vaccine Clinic/Resource Fair.

They also had a presence at all the back-to-school nights at Neah-Kah-Nie Schools, along with the NKN Student Health & Wellness Center staff team, to make sure students and parents knew of the resources available to them.

The majority of Nehalem Bay Health Center’s outreach efforts are funded by grant funding from the Oregon Health Authority.



Members of Nehalem Bay Health Center’s Behavioral Health and Outreach Teams participated in an Overdose Awareness Day event in August organized by Tillamook County Community Health Centers. This important event included a resource fair to make people aware of the services available across Tillamook County.

Grants & Finances

As a Federally Qualified Health Center, Nehalem Bay Health Center relies on a variety of funding, including federal and other grants, Medicaid, Medicare, and private insurance payments. We are also grateful for the generosity of private donors and foundations. The charts to the right show the revenues and expenditures for Nehalem Bay Health Center & Pharmacy during 2022.

2022-2023 Grant Funding

Nehalem Bay Health Center is fortunate to receive grant funding from a variety of federal, state, and local sources.

Here are the grants we received in 2022-2023:

Columbia Pacific Coordinated Care Organization (Community Wellness Investment Fund): \$23,750 for expanded Community Wellness programming (2022-2024).

Health Resources and Services Administration (HRSA) Grant: \$2,020,000 (2023)

HRSA COVID-19 Funding: \$280,876 (2023)

HRSA COVID-19 Funding (additional): \$11,240 (2023-2024)

HRSA Funding for the School-Based Health Center: \$200,000 (2023-2024)

Northwest Foundation (OUR Tillamook): \$37,000 (2023) for substance use disorder resources.

Oregon Health Authority (OHA) Behavioral Health Resource Network: \$203,074 (2023-2025) for substance use disorder resources.

OHA Outreach Grant: \$100,000 for Insurance Enrollment and Outreach (2021-2023).

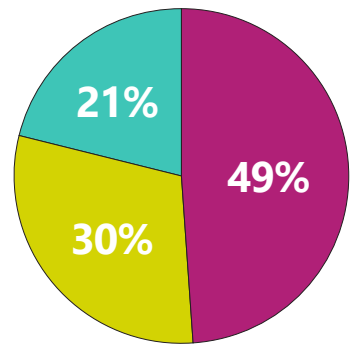
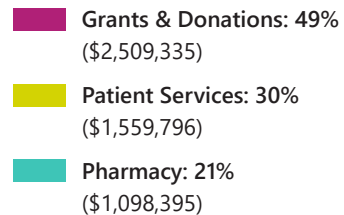
OHA Healthier Oregon Grant: \$57,571 for Insurance Enrollment and System Navigation (2022-2023).

OHA Healthcare System Navigation Grant: \$100,000 for healthcare system resource connections and insurance enrollment (2023-2025).

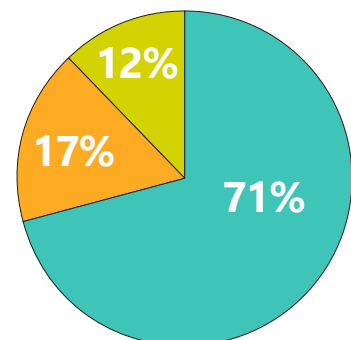
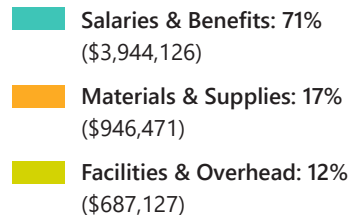
OHA Mental Health Expansion Funding: \$13,359 for the School-Based Health Center (2022-2023).

OHA School-Based Health Center Funding: \$90,000 (2022-2023) for NKN Student Health & Wellness Center operations.

2022 Revenues



2022 Expenditures



Nehalem Bay Health Center Board of Directors

Jerry Spegman, President
Patricia Johnson, Vice President
Keri Scott, Secretary
David Boone, Treasurer
Paul Erlebach

Scott Galvin
Brad Hart
Yvana Iovino
Paul Jerrell
Kelly Seaton

Board Committees: In addition to their monthly board meetings, many members are also active on the Policy, Finance, Quality, Risk, and Executive Committees.

A grateful thanks to the late Gerald Wineinger, who served on the Board of Directors from 2019 to 2023, and who served on the Patient Advisory Council prior to his appointment to the board. Thanks, too, to Dianne Bloom, who also served on the Board of Directors during 2023.

Thanks to our Donors

We are continually grateful to our generous supporters whose contributions help make it possible to implement important programs and improvements at Nehalem Bay Health Center & Pharmacy.

FOUNDATION/TRUST SUPPORT: The Eugene Schmuck Foundation • James & Anna Larson Family Fund (through the Oregon Community Foundation) • Vera L. Smith Charitable Foundation • The Nern-Desaro Family Trust • Amazon Smile Foundation

BUSINESS SUPPORT: Columbia Bank Manzanita Branch • Manzanita Lumber (In Memory of Frank & Phyllis Stephens and August & Eva Schollmeyer) • Hudson Insurance & Investment Services • Fred Meyer Community Rewards

INDIVIDUAL SUPPORT: Gwen Anderson • Phoebe Antrim • Kathleen Bay (in Memory of Ike Bay and Glen Downs) • Leslie Taylor Beers • Angelina Best • Dianne & Jack Bloom • Robert & Sharon Borgford (In Memory of John Sorenson) • Christ & Barbara Bouneff • M.A. Bybee • Ronald & Mary Carver • Molly & Tom Clarey • Edward Corristan • Dorence & Sharon Cote • Elizabeth Crookham (In Memory of Judge Charles S. Crookham) • John Dalrymple • Jean Dalrymple-Feigion & Jon Feigion • Patricia Freitas • Gary & Brenda Fugle • Patricia Gaynor • William & Shirley Gidley • David & Janet Gonrowski • Peter & Barbara Goodkin • Brad Hart & Christopher Mullins • Ross Henning • Patricia & Marc Johnson (in Honor of Dianne Bloom) • Janet Jones • Susan Lair • Peter McDonnell • Tim Miller • Donna Newcomb • Peter Newman • Mark & Cindy Nizic • Stanton Pace • Ronald & Maria Patterson • Joseph Puggelli • Harry & Bonnie Robinson • Diann Rundberg (In Memory of John Rundberg) • Alan & Gwendolyn Shusterman (In Memory of Harriet Pitman) • Adele & Jerry Spegman • William & Sara Tattam • Mary Thompson • Gustav & Erna Treske • John Troxel • Camy VonSeggern • Richard & Gail Young